

36th Mercantile Annual Athletic Championship 2019 – Events List

MEN NOVICES	MEN CHAMPIONSHIP	MASTER 30+ MEN	MASTER 35+ MEN	MASTER 40+ MEN	MASTER 45+ MEN	MASTER 50+ MEN	MASTER 55+ MEN
100M	100M	100M	100M	100M	100M	100M	100M
200M	200M	200M	200M	200M	200M	200M	200M
400M	400M	400M	400M	400M	400M	400M	400M
800M	800M	800M	800M	800M	800M	800M	800M
1500M	1500M	1500M	1500M	1500M	1500M	1500M	1500M
5000M	5000M	1500M RACE WALK	1500M RACE WALK	1500M RACE WALK	1500M RACE WALK	1500M RACE WALK	1500M RACE WALK
110 M HURDLE	110 M HURDLE	5000M	5000M	5000M	3000M	3000M	3000M
400M HURDLE	400M HURDLE	110 M HURDLE	110 M HURDLE	110 M HURDLE	110 M HURDLE	100 M H	100 M HURDLE
LONG JUMP	LONG JUMP	400M HURDLE	400M HURDLE	400M HURDLE	400M HURDLE	400MH	400M HURDLE
HIGH JUMP	HIGH JUMP	LONG JUMP	LONG JUMP	LONG JUMP	LONG JUMP	LONG JUMP	LONG JUMP
TRIPLE JUMP	TRIPLE JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP
SHOT PUT	SHOT PUT	TRIPLE JUMP	TRIPLE JUMP	TRIPLE JUMP	TRIPLE JUMP	TRIPLE JUMP	TRIPLE JUMP
DISCUS THROW	DISCUS THROW	SHOT PUT	SHOT PUT	SHOT PUTT	SHOT PUT	SHOT PUT	SHOT PUT
HAMMER THROW	HAMMER THROW	DISCUS THROW	DISCUS THROW	DISCUS THROW	DISCUS THROW	DISCUS THROW	JAVELIN THROW
JAVELIN THROW	JAVELIN THROW	HAMMER THROW	HAMMER THROW	HAMMER THROW	HAMMER THROW	HAMMER THROW	
		JAVELIN THROW	JAVELIN THROW	JAVELIN THROW	JAVELIN THROW	JAVELIN THROW	
4 X 400M	4 X 400M	4 X 400M	4 X 400M	(40+ AND 45+ Combined) - 4X400M /4X100M		(50+ AND 55+ Combined) - 4X400M /4X100M	
4 X 100M	4 X 100M	4 X 100M	4 X 100M				

WOMEN NOVICES	WOMEN CHAMPIONSHIP	MASTER 30+ WOMEN	MASTER 35+ WOMEN	MASTER 40+ WOMEN	MASTER 45+ WOMEN	MASTER 50+ WOMEN	MASTER 55+ WOMEN
100M	100M	100M	100M	100M	100M	100M	100M
200M	200M	200M	200M	200M	200M	200M	200M
400M	400M	400M	400M	400M	400M	400M	400M
800M	800M	800M	800M	800M	800M	800M	800M
1500M	1500M	1500M	1500M	1500M	1500M	1500M	800M RACE WALK
3000M	3000M	800M RACE WALK	800M RACE WALK	800M RACE WALK	800M RACE WALK	800M RACE WALK	LONG JUMP
100 M HURDLE	100 M HURDLE	100 M HURDLE	100 M HURDLE	100 M HURDLE	100 M HURDLE	100 M HURDLE	SHOT PUTT
400M HURDLE	400M HURDLE	400M HURDLE	LONG JUMP	LONG JUMP	LONG JUMP	LONG JUMP	DISCUS THROW
LONG JUMP	LONG JUMP	LONG JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP	JAVELIN THROW
HIGH JUMP	HIGH JUMP	HIGH JUMP	TRIPLE JUMP	TRIPLE JUMP	TRIPLE JUMP	TRIPLE JUMP	
TRIPLE JUMP	TRIPLE JUMP	TRIPLE JUMP	SHOT PUT	SHOT PUT	SHOT PUT	SHOT PUT	
SHOT PUT	SHOT PUTT	SHOT PUT	DISCUS THROW	DISCUS THROW	DISCUS THROW	DISCUS THROW	
DISCUS THROW	DISCUS THROW	DISCUS THROW	JAVELIN THROW	JAVELIN THROW	JAVELIN THROW	JAVELIN THROW	
JAVELIN THROW	JAVELIN THROW	JAVELIN THROW					
HAMMER THROW	HAMMER THROW	HAMMER THROW					
4 X 400M	4 X 400M	4 X 400M	4 X 400M	(40+ AND 45+ Combined) - 4X400M /4X100M		(50+ AND 55+ Combined) - 4X400M /4X100M	
4 X 100M	4 X 100M	4 X 100M	4 X 100M				