

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0

Mangaung Athletics Stadium

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

W15&U 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	Age-Grading
Finals					
1 Wansbury, Charne	W13 AFS		12.64	0.2	12.65 82.99%
2 Cronje, Tashlene (Tasha)	W15 Bfn Excellente		12.73	0.2	12.74 82.40%
3 Janse van Rensburg, Edua	W14 High School JF		13.00	0.2	13.01 80.69%
4 Rearabetswe, Sebeko	W13 Makwane AC FS		14.05	0.2	14.06 74.66%
5 Pretorius, Elaine	W14 P&H/S FP		14.10	0.2	14.11 74.40%

W16-17 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Twala, Karabo	W17 AFS		14.38	0.2	14.39 72.95%

W20-29 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 America, Inge	W25 Thaba Patchoa		14.43	0.2	14.44 72.70%

W35 100 Meter Dash

13.21	35 SA SA Colours				
14.50	35 FS Free State Colours				
Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Walters, Elmarie	W35 Vaal Triangle MA		13.48 FS	-0.8	13.35 78.64%

W40 100 Meter Dash

13.47	40 SA SA Colours				
14.80	40 FS Free State Colours				
Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Vermaak, Lizelle	W42 Eastern Province MA		13.05 SA	-0.8	12.47 84.21%
2 Bisschoff, Leobri	W44 Fsma		15.23	-0.8	14.55 72.16%

W45 100 Meter Dash

13.83	45 SA SA Colours				
15.30	45 FS Free State Colours				
Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Ramabodu, Dolly	W45 SA Police Services		15.67	-0.8	14.42 72.81%

W50 100 Meter Dash

14.40	50 SA SA Colours				
16.10	50 FS Free State Colours				
Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Bronn, Marthie	W51 Fsma		16.03 FS	-0.8	14.18 73.99%
2 Strampe, Carlene	W51 Fsma		16.10 FS	-0.8	14.24 73.66%
3 Smith, Elmarie	W50 Mpumalanga MA		16.31	-0.8	14.43 72.72%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 100 Meter Dash**

14.89 55 SA SA Colours

16.70 55 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Van Rooyen, Madelene	W55 Gauteng North MA		15.79 FS	-0.2	13.41 78.21% 2
2 Gouws, Makkie	W57 Gauteng North MA		26.97	-0.2	22.91 45.79% 2

W60 100 Meter Dash

15.75 60 SA SA Colours

17.70 60 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Moshoeunyane, Magaret	W63 Fsma		18.21	-0.2	14.83 70.79% 2
2 Diba, Kedibone	W63 Fsma		20.34	-0.2	16.56 63.37% 2

W65 100 Meter Dash

16.83 65 SA SA Colours

18.80 65 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Monyetsane, Cecilia	W68 Fsma		19.43	-0.2	15.14 69.33% 2
2 Shuping, Cholohelo	W66 Fsma		22.13	-0.2	17.24 60.87% 2

W70 100 Meter Dash

18.40 70 SA SA Colours

20.60 70 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Sebitlwane, Litta	W71 Fsma		22.40	-0.2	16.57 63.30% 3

M15&U 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Pretorius, Tiaan	M13 P&H/S FP		14.79	-1.1	14.80 66.19%

M16-17 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Malematsha, Thato	M17 Hts Louis Botha		11.04	-1.1	11.05 88.68%
2 Phasha, Thato	M17 Hts Louis Botha		11.08	-1.1	11.09 88.36%
3 Cloete, Keenan	M16 High School JF		11.24	-1.1	11.25 87.10%
4 Bengell, Andile	M16 Hts Louis Botha		11.42	-1.1	11.43 85.73%
5 Hlongwane, Mosuwe	M17 Hts Louis Botha		11.50	-1.1	11.51 85.13%
6 Nyalungu, Mighty	M17 Hts Louis Botha		11.54	-1.1	11.55 84.84%
7 Botha, Shaheed	M16 High School Bfn		11.74	-1.1	11.75 83.39%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M18-19 100 Meter Dash**

Name	Age	Team	Seed	Finals	Wind	Age-Grading
1 Gasa, Philalani	M18	Hts Louis Botha		10.81	-1.4	10.82 90.56%
2 Nkoane, Agreement	M18	Hts Louis Botha		11.15	-1.4	11.16 87.80%
3 De Jager, Jannes	M18	P&H/S FP		11.27	-1.4	11.28 86.87%
4 Molete, Relebohile	M18	Hts Louis Botha		11.32	-1.4	11.33 86.48%
5 Mofokeng, Frans	M18	AFS		11.67	-1.4	11.68 83.89%
6 Miya, Nene	M19	AFS		13.08	-1.4	13.09 74.85%

M20-29 100 Meter Dash

Name	Age	Team	Seed	Finals	Wind	Age-Grading
1 Sephokoana, Colesile	M20	Hts Louis Botha		10.97	-1.5	10.98 89.24%
2 Izaaks, Curtis	M21	Sol Plaatji Univ		11.35	-1.5	11.36 86.26%
3 Mofokeng, Karabelo	M25	AFS		11.36	-1.5	11.37 86.18%
4 Mc Kenzie, Dylan	M25	Ufs		11.43	-1.5	11.44 85.65%
5 Moroke, Teboho	M22	Ufs		11.64	-1.5	11.65 84.11%
6 De Wee, Myron	M20	Sol Plaatji Univ		11.74	-1.5	11.75 83.39%
7 Nieuwoudt, Glen	M20	NC Athletics		11.76	-1.5	11.77 83.25%
8 Konkolbo, Thabo	M21	Sol Plaatji Univ		11.85	-1.5	11.86 82.62%
9 Phepheng, Gosekwang	M28	AFS		13.18	-1.5	13.19 74.28%

M30 100 Meter Dash

12.00 30 FS Free State Colours						
Name	Age	Team	Seed	Finals	Wind	Age-Grading
1 Letlatsa, Sello	M34	SA Police Services	12.60		-0.9	12.61 77.70%

M40 100 Meter Dash

11.70 40 SA SA Colours						
12.60 40 FS Free State Colours						
Name	Age	Team	Seed	Finals	Wind	Age-Grading
1 Saunderson, Edward	M42	Fsma	12.27 FS		-0.9	11.76 83.29%
2 Sekoera, MZ	M42	SA Police Services	12.53 FS		-0.9	12.01 81.56%

M45 100 Meter Dash

12.05 45 SA SA Colours						
13.00 45 FS Free State Colours						
Name	Age	Team	Seed	Finals	Wind	Age-Grading
1 Moleleki, Khuziwe	M46	SA Police Services	12.52 FS		-0.9	11.63 84.19%

M60 100 Meter Dash

12.92 60 SA SA Colours						
14.50 60 FS Free State Colours						
Name	Age	Team	Seed	Finals	Wind	Age-Grading H#
1 Gouws, Johan	M60	Gauteng North MA	14.63		-2.7	12.31 79.56% 2

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 100 Meter Dash**

13.73 65 SA SA Colours

15.40 65 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 Xavier, Robert	M65 Eastern Province MA		14.55 FS	-2.7	11.81 82.96%	2
2 Mokolopo, Setlalentwa	M66 Fsma		16.35	-2.7	13.27 73.82%	2

M70 100 Meter Dash

14.43 70 SA SA Colours

16.20 70 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 Theron, Thomas	M72 Fsma		17.35	-2.7	13.51 72.51%	2
2 De Kock, Johannes (Bobby)	M74 Fsma		21.01	-2.7	16.35 59.88%	2

M80 100 Meter Dash

17.50 80 SA SA Colours

19.50 80 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 Cross, Ron	M84 Western Province MA		17.71 FS	-2.7	12.34 79.33%	2
2 Penberthy, Pearce	M82 Gauteng North MA		21.29	-2.7	14.84 65.99%	2

W15&U 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Wansbury, Charne	W13 AFS		25.76	+0.0	25.77 82.84%
2 Janse van Rensburg, Edua	W14 High School JF		26.62	+0.0	26.63 80.17%
3 Cronje, Tashlene (Tasha)	W15 Bfn Excellente		26.66	+0.0	26.67 80.05%
4 Le Roux, Martenique	W12 Bultfontein P&H		32.17	+0.0	32.18 66.34%

W16-17 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Mokoena, Ntswaki	W17 AFS		29.88	+0.0	29.89 71.42%
2 Maliehe, Katleho	W16 AFS		30.51	+0.0	30.52 69.94%
3 Mofokeng, Tsietso	W16 Eecygo Athl/Club		30.99	+0.0	31.00 68.86%
4 Mokoena, Malerato	W17 AFS		31.13	+0.0	31.14 68.55%

W35 200 Meter Dash

27.38 35 SA SA Colours

30.00 35 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Walters, Elmarie	W35 Vaal Triangle MA		27.06 SA	1.3	26.26 81.30%

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W40 200 Meter Dash

27.72 40 SA SA Colours

31.00 40 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Vermaak, Lizelle	W42 Eastern Province MA		26.48 SA	1.3	24.74 86.25%
2 Le Roux, Annelize	W41 Fsma		30.98 FS	1.3	28.95 73.72%
3 Bisschoff, Leobri	W44 Fsma		32.11	1.3	30.00 71.13%

W45 200 Meter Dash

28.84 45 SA SA Colours

32.00 45 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Ramabodu, Dolly	W45 SA Police Services		32.09	1.3	28.83 74.04%

W50 200 Meter Dash

30.27 50 SA SA Colours

33.50 50 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Strampe, Carlene	W51 Fsma		32.46 FS	1.3	27.99 76.25%
2 Bronn, Marthie	W51 Fsma		33.04 FS	1.3	28.49 74.91%

W55 200 Meter Dash

31.32 55 SA SA Colours

35.00 55 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Van Rooyen, Madelene	W55 Gauteng North MA		32.09 FS	1.2	26.52 80.49% 2

W60 200 Meter Dash

33.36 60 SA SA Colours

37.30 60 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Diba, Kedibone	W63 Fsma		43.48	1.2	34.36 62.12% 2

W70 200 Meter Dash

39.90 70 SA SA Colours

44.70 70 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Sebitlwane, Litta	W71 Fsma		48.28	1.2	34.13 62.53% 2

M15&U 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Le Roux, Daniel	M10 Bultfontein P&H		31.25	0.7	31.26 61.82%

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Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Cloete, Keenan	M16 High School JF		21.59	0.7	21.60 89.49%
2 Malematsha, Thato	M17 Hts Louis Botha		22.16	0.7	22.17 87.18%
3 Botha, Shaheed	M16 High School Bfn		22.40	0.7	22.41 86.25%
4 Sello, Edward	M17 Makwane AC FS		25.84	0.7	25.85 74.77%

M18-19 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Gasa, Philalani	M18 Hts Louis Botha		21.84	0.3	21.85 88.46%
2 Mofokeng, Tumelo	M19 AFS		22.48	0.3	22.49 85.94%
3 De Jager, Jannes	M18 P&H/S FP		23.00	0.3	23.01 84.00%
4 Morena, Setho	M19 AFS		24.74	0.3	24.75 78.09%
5 Miya, Nene	M19 AFS		25.96	0.3	25.97 74.42%

M20-29 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Izaaks, Curtis	M21 Sol Plaatji Univ		22.58	0.1	22.59 85.56%
2 Mc Kenzie, Dylan	M25 Ufs		22.65	0.1	22.66 85.30%
3 Nieuwoudt, Glen	M20 NC Athletics		22.80	0.1	22.81 84.74%
4 De Wee, Myron	M20 Sol Plaatji Univ		22.90	0.1	22.91 84.37%
5 Lebuso, Teboho	M24 AFS		24.16	0.1	24.17 79.97%
6 Phepheng, Gosekwang	M28 AFS		27.03	0.1	27.04 71.48%

M30 200 Meter Dash

24.50 30 FS Free State Colours					
Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Letlatsa, Sello	M34 SA Police Services		26.47	2.2	26.48 72.99%
2 Van Eeden, Roan	M34 Gauteng North MA		30.69	2.2	30.70 62.95%

M40 200 Meter Dash

23.42 40 SA SA Colours					
25.50 40 FS Free State Colours					
Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Sekoera, MZ	M42 SA Police Services		24.77 FS	2.2	23.63 81.79%
2 Saunderson, Edward	M42 Fsma		25.48 FS	2.2	24.30 79.51%

M45 200 Meter Dash

24.22 45 SA SA Colours					
26.50 45 FS Free State Colours					
Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Moleleki, Khuziwe	M46 SA Police Services		25.05 FS	2.2	23.14 83.51%

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Mangaung Athletics Stadium

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M60 200 Meter Dash

26.76 60 SA SA Colours

30.00 60 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Cloete, Fanie	M61 Gauteng North MA		41.27	1.3	34.39 56.19% 2

M65 200 Meter Dash

28.40 65 SA SA Colours

32.00 65 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Xavier, Robert	M65 Eastern Province MA		29.69 FS	1.3	23.78 81.27% 2
2 Mokolopo, Setlalentwa	M66 Fsma		33.32	1.3	26.68 72.42% 2

M70 200 Meter Dash

30.00 70 SA SA Colours

34.00 70 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 De Kock, Johannes (Bobby M74 Fsma			43.56	1.3	33.29 58.03% 2

W15&U 400 Meter Dash

Name	Age Team	Seed	Finals	Age-Grading
1 Wansbury, Charne	W13 AFS		60.77	60.78 78.33%
2 Erasmus, Carrissa	W14 High School JF		63.22	63.23 75.29%

W16-17 400 Meter Dash

Name	Age Team	Seed	Finals	Age-Grading
1 Mantele, Emily	W17 AFS		63.02	63.03 75.53%
2 Nhlapo, Busisiwe	W17 AFS		66.45	66.46 71.63%

W18-19 400 Meter Dash

Name	Age Team	Seed	Finals	Age-Grading
1 Galatia, Fatima	W18 Ufs		63.28	63.29 75.22%

W20-29 400 Meter Dash

Name	Age Team	Seed	Finals	Age-Grading
1 Zuba, Zusiphe	W27 AFS		74.97	74.98 63.49%

W30 400 Meter Dash

67.00 30 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Botha, Mariette	W34 Central Gauteng MA		60.41 FS	60.42 78.79%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 400 Meter Dash**

62.08 35 SA SA Colours

69.00 35 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Walters, Elmarie	W35	Vaal Triangle MA		66.14 FS	64.82 73.45%

W40 400 Meter Dash

64.00 40 SA SA Colours

72.00 40 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Le Roux, Annelize	W41	Fsma		72.04	67.66 70.36%

W45 400 Meter Dash

66.50 45 SA SA Colours

75.00 45 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Ramabodu, Dolly	W45	SA Police Services		74.16 FS	66.62 71.45%
2 Pretorius, Mercia	W47	Fsma		74.91 FS	67.30 70.74%

W60 400 Meter Dash

79.00 60 SA SA Colours

1:28.00 60 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading	H#
1 Diba, Kedibone	W63	Fsma	1:52.61	1:26.88	54.79%	2

M15&U 400 Meter Dash

Name	Age	Team	Seed	Finals	Age-Grading
-- Mofokeng, Thabiso	M15	Eecygo Athl/Club		DNF	

M16-17 400 Meter Dash

Name	Age	Team	Seed	Finals	Age-Grading
1 Phasha, Thato	M17	Hts Louis Botha		49.02	49.03 88.09%
2 Botha, Shaheed	M16	High School Bfn		49.52	49.53 87.20%
3 Hlongwane, Mosuwe	M17	Hts Louis Botha		54.45	54.46 79.30%
4 Kamohele, Sefofo	M17	Eecygo Athl/Club		59.37	59.38 72.73%

M20-29 400 Meter Dash

Name	Age	Team	Seed	Finals	Age-Grading
1 Modupi, Mosili	M23	AFS		48.87	48.88 88.36%
2 Bronn, Jaco	M24	AFS		61.93	61.94 69.72%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M40 400 Meter Dash**

Name	Age	Team	Seed	Finals	Age-Grading
	52.41	40 SA SA Colours			
	58.00	40 FS Free State Colours			
1 Sekoera, MZ		M42 SA Police Services		59.29	55.46 77.85%
2 Van Rooyen, Dewald		M40 Fsma		62.81	58.76 73.49%

M45 400 Meter Dash

Name	Age	Team	Seed	Finals	Age-Grading
	54.44	45 SA SA Colours			
	60.00	45 FS Free State Colours			
1 Moleleki, Khuziwe		M46 SA Police Services		58.04 FS	52.55 82.17%
2 Helena, Andrew		M45 Northern Cape MA		59.54 FS	53.91 80.10%
3 Vorster, Wikus		M47 Fsma		60.67	54.94 78.61%
4 Williams, Barry		M49 Fsma		69.22	62.68 68.90%

M50 400 Meter Dash

Name	Age	Team	Seed	Finals	Age-Grading
	56.36	50 SA SA Colours			
	62.00	50 FS Free State Colours			
1 Malejoane, Victor		M53 Dream Team		64.43	56.41 76.56%

M65 400 Meter Dash

Name	Age	Team	Seed	Finals	Age-Grading
	65.36	65 SA SA Colours			
	73.00	65 FS Free State Colours			
1 Naude, Alan		M69 Western Province MA		1:23.26	65.25 66.18%

W20-29 800 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
1 Zuba, Zusiphe		W27 AFS		2:39.10	2:39.11 71.20%

W40 800 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	2:30.00	40 SA SA Colours			
	2:47.00	40 FS Free State Colours			
1 Van Vuuren, Yolanda		W42 SA Nat Def Force		2:43.62 FS	2:36.05 72.60%

W45 800 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	2:33.00	45 SA SA Colours			
	2:50.00	45 FS Free State Colours			
1 Jacobs, Carolise		W45 Fsma		3:21.49	3:03.82 61.63%

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Name	Age Team	Seed	Finals	Age-Grading
1 Lebelo, Amogelang	M13 Hts Louis Botha		2:02.44	2:02.45 82.58%
2 Wahl, Judah	M13 AFS		2:53.56	2:53.57 58.26%

M16-17 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Mboxwanna, Gift	M16 Hts Louis Botha		2:04.48	2:04.49 81.23%
2 Motloug, Moeketsi	M17 Makwane AC FS		2:41.34	2:41.35 62.67%

M18-19 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Balula, Mpho	M19 Cut		1:56.06	1:56.07 87.12%

M20-29 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Mphawana, Christopher	M22 Sol Plaatji Univ		2:22.10	2:22.11 71.15%
2 Bronn, Jaco	M24 AFS		2:23.57	2:23.58 70.43%

M35 800 Meter Run

2:00.00	35 SA SA Colours			
2:14.00	35 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Wessels, Marius	M36 Fsma		2:12.71 FS	2:11.61 76.83%

M40 800 Meter Run

2:01.00	40 SA SA Colours			
2:16.00	40 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Odendaal, Willem	M43 North West North MA		2:13.89 FS	2:08.00 78.99%
2 Van Rooyen, Dewald	M40 Fsma		2:33.81	2:27.05 68.76%

M45 800 Meter Run

2:07.00	45 SA SA Colours			
2:22.00	45 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Helena, Andrew	M45 Northern Cape MA		2:15.32 FS	2:04.54 81.19%
2 Vorster, Wikus	M47 Fsma		2:15.35 FS	2:04.57 81.17%
3 Senokoane, Benjamin	M48 Fsma		2:24.39	2:12.89 76.09%
4 Williams, Barry	M49 Fsma		2:40.27	2:27.50 68.55%

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Name	Age	Team	Seed	Finals	Age-Grading
	2:11.00	50 SA SA Colours			
	2:27.00	50 FS Free State Colours			
1 Du Plooy, Anton		M53 Central Gauteng MA		2:16.49 FS	2:00.76 83.74%

M55 800 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	2:18.00	55 SA SA Colours			
	2:35.00	55 FS Free State Colours			
1 Visser, Paul		M56 Fsma		2:45.17	2:20.23 72.10%

M60 800 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	2:26.00	60 SA SA Colours			
	2:44.00	60 FS Free State Colours			
1 Cloete, Fanie		M61 Gauteng North MA		3:50.29	3:07.30 53.98%

M65 800 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	2:40.00	65 SA SA Colours			
	2:58.00	65 FS Free State Colours			
1 Naude, Alan		M69 Western Province MA		3:18.98	2:34.73 65.35%

W15&U 1500 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
1 De Bruyn, Joane		W13 MdP School		5:56.37	5:56.38 65.23%
2 Van Wyk, Duane		W11 P&H/S FP		5:59.52	5:59.53 64.66%

W16-17 1500 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
1 Bronn, Anke		W17 H/S Sentraal		5:47.36	5:47.37 66.92%

W40 1500 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	5:05.00	40 SA SA Colours			
	5:57.00	40 FS Free State Colours			
1 Richards, Teresa		W41 Fsma		5:04.90 SA	4:48.35 80.62%
2 Van Vuuren, Yolanda		W42 SA Nat Def Force		5:30.18 FS	5:12.26 74.45%
3 Rossouw, Anneke		W44 Pentagon Pistols		6:08.88	5:48.85 66.64%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 1500 Meter Run**

5:13.00 45 SA SA Colours

6:06.00 45 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Nicolaisen, Sunet	W49	Fsma		5:49.23 FS	5:15.78 73.62%
2 Pretorius, Mercia	W47	Fsma		6:12.09	5:36.45 69.10%
3 Jacobs, Carolise	W45	Fsma		6:46.53	6:07.59 63.24%

W50 1500 Meter Run

5:29.00 50 SA SA Colours

6:25.00 50 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Cloete, Rozelle	W50	Fsma		5:42.39 FS	4:55.38 78.70%
2 Fourie, Santie	W52	Fsma		8:30.75	7:20.63 52.76%

M15&U 1500 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
1 Lemao, Tshepang	M14	Hts Louis Botha		4:24.62	4:24.63 77.85%
2 Lebelo, Amogelang	M13	Hts Louis Botha		4:52.03	4:52.04 70.54%
3 Le Roux, Daniel	M10	Bultfontein P&H		5:54.79	5:54.80 58.06%
4 Wahl, Judah	M13	AFS		9:55.31	9:55.32 34.60%

M16-17 1500 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
1 Mboxwanna, Gift	M16	Hts Louis Botha		4:46.29	4:46.30 71.96%

M18-19 1500 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
1 Balula, Mpho	M19	Cut		4:15.13	4:15.14 80.74%

M20-29 1500 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
1 Maduna, Letsatsi	M23	AFS		4:22.30	4:22.31 78.54%
2 Mosweu, Orabile	M21	Sol Plaatji Univ		4:29.51	4:29.52 76.44%

M30 1500 Meter Run

4:34.00 30 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Phoswa, Tomas	M31	Omnia Athletic Club		4:42.64	4:42.65 72.88%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M35 1500 Meter Run**

4:00.00 35 SA SA Colours

4:41.00 35 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading H#
1 Wessels, Marius	M36 Fsma		4:34.80 FS	4:32.41 75.62% 1
2 Botha, Hendrik	M39 Athletics Griquas		5:16.85	5:14.10 65.59% 2

M40 1500 Meter Run

4:06.00 40 SA SA Colours

4:48.00 40 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading H#
1 Odendaal, Willem	M43 North West North MA		4:35.93 FS	4:22.66 78.43% 2

M45 1500 Meter Run

4:15.00 45 SA SA Colours

4:58.00 45 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Helena, Andrew	M45 Northern Cape MA		4:48.45 FS	4:23.22 78.26%
2 Senokoane, Benjamin	M48 Fsma		4:55.13 FS	4:29.31 76.49%
3 Williams, Barry	M49 Fsma		5:43.00	5:12.99 65.82%

M50 1500 Meter Run

4:29.00 50 SA SA Colours

5:15.00 50 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Du Plooy, Anton	M53 Central Gauteng MA		4:55.13 FS	4:17.68 79.94%
2 Malejoane, Victor	M53 Dream Team		5:28.60	4:46.91 71.80%
3 Farmer, Bernard	M53 Fsma		6:03.78	5:17.62 64.86%

M55 1500 Meter Run

4:41.00 55 SA SA Colours

5:29.00 55 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Visser, Paul	M56 Fsma		5:44.10	4:46.88 71.81%

M60 1500 Meter Run

4:58.00 60 SA SA Colours

5:49.00 60 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Cloete, Fanie	M61 Gauteng North MA		7:55.18	6:17.25 54.61%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0

Mangaung Athletics Stadium

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M65 1500 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	5:27.00	65 SA SA Colours			
	6:23.00	65 FS Free State Colours			
1 Naude, Alan		M69 Western Province MA		6:59.59	5:15.91 65.21%

M70 1500 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading H#
	5:52.00	70 SA SA Colours			
	6:52.00	70 FS Free State Colours			
1 De Kock, Johannes (Bobby M74 Fsma			8:43.15	6:10.34	55.62% 2

M75 1500 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	6:48.00	75 SA SA Colours			
	7:57.00	75 FS Free State Colours			
1 Stander, Bennie		M79 Fsma		11:06.27	7:16.81 47.16%

W20-29 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
1 Sello, Ts'epang		W21 Ufs		19:06.68	19:06.69 75.41%

W35 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	18:58.00	35 SA SA Colours			
	22:10.00	35 FS Free State Colours			
1 Taunyane, Pinkie		W38 Old Mutual AC FS		25:22.19	2:32.22568.05%

W40 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	19:14.00	40 SA SA Colours			
	22:30.00	40 FS Free State Colours			
1 Van Vuuren, Yolanda		W42 SA Nat Def Force		21:11.07 FS	20:42.48 69.59%

W45 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	19:45.00	45 SA SA Colours			
	23:10.00	45 FS Free State Colours			
1 Nicolaisen, Sunet		W49 Fsma		22:35.63 FS	20:40.41 69.71%
2 Jacobs, Carolise		W45 Fsma		27:16.79	24:57.67 57.74%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W50 5000 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	20:39.00	50 SA SA Colours			
	24:00.00	50 FS Free State Colours			
1 Cloete, Rozelle	W50	Fsma		21:39.30 FS	18:53.64 76.27%
2 Fourie, Santie	W52	Fsma		30:06.14	26:15.86 54.87%

W55 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	21:28.00	55 SA SA Colours			
	25:10.00	55 FS Free State Colours			
1 Pretorius, Riemke	W55	Cnw MA		35:49.90	29:44.42 48.46%

M15&U 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
1 Makhubo, Joshua	M14	Makwane AC FS		18:38.19	18:38.20 67.70%

M20-29 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
1 Nkutha, Bongani	M21	Ufs		16:07.83	16:07.84 78.22%
2 Mokoena, Lebohang	M20	AFS		16:55.63	16:55.64 74.54%
3 Rawlokwakweng, Borniface	M26	Sol Plaatji Univ		18:04.00	18:04.01 69.83%

M30 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	17:30.00	30 FS Free State Colours			
1 Jones, Byron	M32	Boksburg Club		17:43.46	17:43.47 71.18%
2 Nkopane, Samuel	M30	Omnia Athletic Club		19:23.73	19:23.74 65.05%

M35 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading H#
	15:10.00	35 SA SA Colours			
	17:45.00	35 FS Free State Colours			
1 Burger, Karel	M37	Central Gauteng MA	16:42.17 FS	16:42.18	75.54% 1
2 Botha, Hendrik	M39	Athletics Griquas	18:52.21	18:52.22	66.86% 2

M45 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	16:07.00	45 SA SA Colours			
	18:50.00	45 FS Free State Colours			
1 Malalane, Stimela	M48	Omnia Athletic Club		20:06.39	18:42.19 67.46%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 5000 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	16:31.00	50 SA SA Colours			
	19:25.00	50 FS Free State Colours			
1 Malekele, William		M50 Botshabelo Eaglis		18:39.22 FS	16:42.04 75.55%
2 Moropoli, Joseph		M53 Omnia Athletic Club		20:52.67	18:41.52 67.50%
3 Bartleman, Andre		M52 Fsma		23:38.60	21:10.08 59.60%

M55 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	17:33.00	55 SA SA Colours			
	20:40.00	55 FS Free State Colours			
1 Visser, Paul		M56 Fsma		23:02.00	19:49.08 63.66%

M60 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	18:21.00	60 SA SA Colours			
	21:30.00	60 FS Free State Colours			
1 Cloete, Fanie		M61 Gauteng North MA		29:23.00	24:15.36 52.01%

M65 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	20:03.00	65 SA SA Colours			
	23:30.00	65 FS Free State Colours			
1 Naude, Alan		M69 Western Province MA		24:44.02	19:31.19 64.64%

M70 5000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	21:43.00	70 SA SA Colours			
	25:30.00	70 FS Free State Colours			
1 De Kock, Johannes (Bobby)		M74 Fsma		35:58.21	26:54.35 46.89%

M30 10000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	36:50.00	30 FS Free State Colours			
1 Singomzo, Nkosinathi		M33 Old Mutual AC FS		43:42.76	43:42.77 60.24%

M40 10000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	32:36.00	40 SA SA Colours			
	38:10.00	40 FS Free State Colours			
1 Kingwill, Alistair		M41 Fsma		38:29.08	37:07.81 70.92%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 10000 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	33:48.00	45 SA SA Colours			
	39:20.00	45 FS Free State Colours			
1 Magage, Mtampule	M48	Fsma		42:24.58	39:25.45 66.80%
2 Modise, Norman	M45	Fsma		44:52.41	41:42.87 63.13%

M65 10000 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading
	41:43.00	65 SA SA Colours			
	48:50.00	65 FS Free State Colours			
1 Naude, Alan	M69	Western Province MA		52:25.96	41:12.10 63.91%

W40 80 Short Hurdles 76,2cm

Name	Age	Team	Seed	Finals	Wind	Age-Grading
	14.00	40 SA SA Colours				
	15.70	40 FS Free State Colours				
1 Vermaak, Lizelle	W42	Eastern Province MA	12.54	SA	-0.1	14.84 82.30%
2 Le Roux, Annelize	W41	Fsma	23.60		-0.1	27.93 43.73%

W55 80 Short Hurdles 76,2cm

Name	Age	Team	Seed	Finals	Wind	Age-Grading
	17.19	55 SA SA Colours				
	19.20	55 FS Free State Colours				
1 Van Rooyen, Madelene	W55	Gauteng North MA	14.27	SA	-0.1	14.34 85.21%

W15&U 90 Meter Hurdles 76,2cm

Name	Age	Team	Seed	Finals	Wind	Age-Grading
1 Delport, Mienke	W13	Bfn Excellente		14.61	1.3	
2 Groenewald, Sane	W15	P&H/S FP		14.72	1.3	
3 Jansen van Rensburg, Zan	W14	Oranje Meisieskool		14.91	1.3	

M15&U 100 Short Hurdles 83,8cm

Name	Age	Team	Seed	Finals	Wind	Age-Grading
1 Le Roux, Franco	M12	AFS		16.20	1.3	16.21 79.69%
2 Du Plessis, Hanre	M13	AFS		18.02	1.3	18.03 71.64%
3 Marais, SJ	M14	Bfn Excellente		18.47	1.3	18.48 69.90%

M60 100 Short Hurdles 83,8cm

Name	Age	Team	Seed	Finals	Wind	Age-Grading
	18.00	60 SA SA Colours				
	21.00	60 FS Free State Colours				
1 Gouws, Johan	M60	Gauteng North MA	17.37	SA	1.3	15.66 82.50%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 100 Short Hurdles 83,8cm**

21.00 65 SA SA Colours

24.60 65 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Smit, Christiaan	M67 Fsmā		23.60 FS	1.3	20.39 63.35%

M16-17 110 Short Hurdles 91,4cm

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Vosloo, Wicus	M17 Bfn Excellente		14.61	0.9	14.62 88.36%
2 Botha, AJ	M16 AFS		15.35	0.9	15.36 84.10%

M18-19 110 Short Hurdles 99,1cm

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Molete, Relebohile	M18 Hts Louis Botha		13.71	0.9	13.72 94.16%
2 Chobokoane, Thabo	M19 AFS		17.74	0.9	17.75 72.77%

W15&U 300 Long Hurdles 76,2cm

Name	Age Team	Seed	Finals	Age-Grading
1 Jansen van Rensburg, Zan	W14 Oranje Meisieskool		47.85	47.86109.38%
2 Delport, Mienke	W13 Bfn Excellente		51.18	51.19102.27%

W55 300 Long Hurdles 76,2cm

63.17 55 SA SA Colours

68.50 55 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Van Rooyen, Madelene	W55 Gauteng North MA		56.27 SA	56.28 93.02%

M15&U 300 Long Hurdles 83,8cm

Name	Age Team	Seed	Finals	Age-Grading
1 Marais, SJ	M14 Bfn Excellente		45.79	45.80102.16%
2 Le Roux, Franco	M12 AFS		47.06	47.07 99.41%
3 Du Plessis, Hanre	M13 AFS		51.00	51.01 91.73%

M16-17 400 Long Hurdles 83,8cm

Name	Age Team	Seed	Finals	Age-Grading
1 Botha, AJ	M16 AFS		58.11	58.12 80.50%

W15&U 2000 Meter Steeplechase 76,2cm

Name	Age Team	Seed	Finals	Age-Grading
1 Erasmus, Carrissa	W14 High School JF		9:01.72	9:01.73 99.98%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W16-17 2000 Meter Steeplechase 76,2cm**

Name	Age Team	Seed	Finals	Age-Grading
1 Snyman, Lienke	W16 Oranje Meisieskool		7:47.00	7:47.01115.97%
2 Tshabalala, Lerato	W16 Makwane AC FS		9:45.12	9:45.13 92.56%

W50 2000 Meter Steeplechase 76,2cm

Name	Age Team	Seed	Finals	Age-Grading
10:00.00	50 SA SA Colours			
11:40.00	50 FS Free State Colours			
1 Horn, Alta	W51 Fsma		11:48.27	14:34.44 61.94%

W55 2000 Meter Steeplechase 76,2cm

Name	Age Team	Seed	Finals	Age-Grading
10:55.00	55 SA SA Colours			
12:45.00	55 FS Free State Colours			
1 Pretorius, Riemke	W55 Cnw MA		11:08.92 FS	13:16.55 67.99%

M15&U 2000 Meter Steeplechase 91,4cm

Name	Age Team	Seed	Finals	Age-Grading
1 Van den Berg, Marko-Mike	M14 AFS		8:14.12	8:14.13 95.85%

M16-17 2000 Meter Steeplechase 91,4cm

Name	Age Team	Seed	Finals	Age-Grading
1 Tlhabankwe, Reatile	M17 AFS		7:07.92	7:07.93110.68%
2 Mathe, William	M16 Hts Louis Botha		7:20.34	7:20.35107.56%

M60 2000 Meter Steeplechase 76,2cm

Name	Age Team	Seed	Finals	Age-Grading
8:28.00	60 SA SA Colours			
9:50.00	60 FS Free State Colours			
1 Cloete, Fanie	M61 Gauteng North MA		11:48.88	14:20.51 55.04%

M70 2000 Meter Steeplechase 76,2cm

Name	Age Team	Seed	Finals	Age-Grading
10:20.00	70 SA SA Colours			
12:05.00	70 FS Free State Colours			
1 De Kock, Johannes (Bobby)	M74 Fsma		13:40.41	13:28.11 58.61%

M18-19 3000 Meter Steeplechase 91,4cm

Name	Age Team	Seed	Finals	Age-Grading
1 Tshatsenyane, Samuel	M19 Hts Louis Botha		11:19.14	11:19.15 69.74%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0

Mangaung Athletics Stadium

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

...M18-19 3000 Meter Steeplechase 91,4cm

2	Mahlaba, Vusemusi	M18 AFS	11:51.15	11:51.16	66.60%
3	Siyabonga, Malinga	M19 Makwane AC FS	12:13.10	12:13.11	64.61%

M45 3000 Meter Steeplechase 91,4cm

11:02.00 45 SA SA Colours
 12:50.00 45 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Modise, Norman	M45 Fsma		13:46.49	12:02.69 65.54%
2 Magage, Mtampule	M48 Fsma		14:30.12	12:40.84 62.25%

M50 3000 Meter Steeplechase 91,4cm

11:28.00 50 SA SA Colours
 13:30.00 50 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Malekele, William	M50 Botshabelo Eaglis		12:26.48 FS	10:24.73 75.81%

X99 & Under 4x100 Meter Relay

Team	Seed	Finals
1 Hts Louis Botha 'L'		43.80
1) Phasha, Thato 17	2) Gasa, Philalani 18	
3) Nkoane, Agreement 18	4) Hlongwane, Mosuwe 17	
2 Ufs 'K'		45.12
3 Bleach 'B'		57.44
1) Pretorius, Elaine 14	2) Pretorius, Mercia 47	
3) Pretorius, Tiaan 13	4) Pretorius, Chris 46	
4 Unknown 'D'		59.75
5 Nedbank Fast Legs 'F'		1:20.84

M40 4x400 Meter Relay

Team	Seed	Finals
1 Hts Louis Botha 'H'		3:22.87
1) Bengell, Andile 16	2) Malematsha, Thato 17	
3) Molete, Relebohile 18	4)	
2 Sol Plaatjie University 'S'		3:39.14
3 Old Mutual AC FS 'O'		4:22.16
4 Ufs 'K'		4:55.68

W15&U High Jump

Name	Age Team	Seed	Finals	Age-Grading
-- Kleynhans, Anri	W14 H/S Sentraal		NH	

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W30 High Jump**

Name	1.38m 30 FS Free State Colours	Age Team	Seed	Finals	Age-Grading
1 Botha, Mariette		W34 Central Gauteng MA		1.68m FS	1.68m 80.38%
2 Krugell, Berne		W31 Central Gauteng MA		1.55m FS	1.55m 74.16%

W50 High Jump

Name	1.28m 50 SA SA Colours 1.15m 50 FS Free State Colours	Age Team	Seed	Finals	Age-Grading
1 Heymans, Dinah		W51 Fsma		1.45m SA	1.77m 84.80%

M18-19 High Jump

Name	Age Team	Seed	Finals	Age-Grading
1 Neels, Galin	M19 Ufs		1.89m 1.89m	77.14%

M35 High Jump

Name	1.85m 35 SA SA Colours 1.63m 35 FS Free State Colours	Age Team	Seed	Finals	Age-Grading
1 Phepheng, Stephen		M37 SA Police Services		1.75m FS	1.79m 73.22%

M50 High Jump

Name	1.61m 50 SA SA Colours 1.41m 50 FS Free State Colours	Age Team	Seed	Finals	Age-Grading
1 Bartleman, Andre		M52 Fsma		1.51m FS	1.75m 71.56%

M55 High Jump

Name	1.51m 55 SA SA Colours 1.34m 55 FS Free State Colours	Age Team	Seed	Finals	Age-Grading
1 Bezuidenhout, Vic		M56 Gauteng North MA		1.51m SA	1.85m 75.50%

M60 High Jump

Name	1.44m 60 SA SA Colours 1.27m 60 FS Free State Colours	Age Team	Seed	Finals	Age-Grading
1 Gouws, Johan		M60 Gauteng North MA		1.51m SA	1.96m 80.32%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0

Mangaung Athletics Stadium

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M65 High Jump

1.34m 65 SA SA Colours
1.20m 65 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Smit, Christiaan	M67 Fsma		1.17m	1.62m 66.10%

W15&U Pole Vault

Name	Age Team	Seed	Finals	Age-Grading
1 Carelson, Taylor	W14 H/S Sentraal		2.20m	2.20m 42.72%

M15&U Pole Vault

Name	Age Team	Seed	Finals	Age-Grading
1 Fourie, Jan-Louis	M14 H/S Sentraal		2.70m	2.70m 43.97%

M16-17 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading
1 Fourie, SJ	M16 H/S Sentraal		4.00m	4.00m 65.15%

W15&U Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Le Roux, Martenique	W12 Bultfontein P&H		4.22m	-0.7	4.22m 56.12%

W20-29 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 America, Inge	W25 Thaba Patchoa		4.56m	-0.7	4.56m 60.64%

W40 Long Jump

4.72m 40 SA SA Colours
3.95m 40 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Le Roux, Annelize	W41 Fsma		3.22m	1.3	3.57m 47.56%

W50 Long Jump

4.13m 50 SA SA Colours
3.45m 50 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Strampe, Carlene	W51 Fsma		3.55m FS	2.7	4.45m 59.17%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 Long Jump**

3.88m 55 SA SA Colours

3.20m 55 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Pretorius, Riemke	W55 Cnw MA		2.23m	0.4	2.98m 39.75%

M15&U Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Adams, Rayven	M15 H/S Sentraal		5.76m	-0.2	5.76m 64.36%
2 Kaibe, Boipelo	M15 H/S Sentraal		4.97m	0.5	4.97m 55.53%

M16-17 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Malematsha, Thato	M17 Hts Louis Botha		6.43m	0.9	6.43m 71.84%
2 Lemmetjies, Lincoln	M17 AFS		5.20m	0.9	5.20m 58.10%

M18-19 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Neels, Galin	M19 Ufs		5.76m	-0.2	5.76m 64.36%

M20-29 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Sephokoana, Colesile	M20 Hts Louis Botha		6.74m	-0.2	6.74m 75.31%

M35 Long Jump

6.40m 35 SA SA Colours

5.30m 35 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Phepheng, Stephen	M37 SA Police Services		6.28m FS	0.9	6.47m 72.35%

M40 Long Jump

6.12m 40 SA SA Colours

5.10m 40 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Saunderson, Edward	M42 Fsma		5.27m FS	-1.2	5.74m 64.19%

M45 Long Jump

5.80m 45 SA SA Colours

4.85m 45 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 George, Darryl	M46 North West North MA		5.34m FS	0.2	6.16m 68.90%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Long Jump**

5.55m 50 SA SA Colours

4.60m 50 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Malejoane, Victor	M53 Dream Team		5.02m FS	+0.0	6.16m 68.96%
2 Schneider, Felix	M53 Fsma		2.59m	1.6	3.18m 35.58%

M55 Long Jump

5.19m 55 SA SA Colours

4.30m 55 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Erasmus, Pieter	M58 Vaal Triangle MA		5.30m SA	0.9	6.95m 77.71%
2 Le Roux, Henk	M57 Fsma		2.73m	0.2	3.58m 40.03%

M60 Long Jump

4.85m 60 SA SA Colours

4.00m 60 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Camhee, Kurt	M61 Central Gauteng MA		3.52m	0.8	4.95m 55.35%

M65 Long Jump

4.50m 65 SA SA Colours

3.75m 65 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Xavier, Robert	M65 Eastern Province MA		4.14m FS	-1.4	6.28m 70.29%
2 Mokolopo, Setlalentwa	M66 Fsma		3.31m	-1.6	5.02m 56.20%

M70 Long Jump

4.00m 70 SA SA Colours

3.30m 70 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 De Kock, Johannes (Bobby)	M74 Fsma		2.36m	1.2	3.88m 43.46%

M80 Long Jump

2.85m 80 SA SA Colours

2.35m 80 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Penberthy, Pearce	M82 Gauteng North MA		3.07m SA	-1.9	6.10m 68.22%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W50 Triple Jump**

8.30m 50 SA SA Colours

7.30m 50 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Strampe, Carlene	W51 Fsma		7.42m FS	0.1	9.05m 58.43%

M15&U Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Kaibe, Boipelo	M15 H/S Sentraal		12.11m	1.9	12.11m 66.21%
2 Adams, Rayven	M15 H/S Sentraal		11.83m	0.6	11.83m 64.68%

M16-17 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Lemmetjies, Lincoln	M17 AFS		11.24m	0.7	11.24m 61.45%

M20-29 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Sephokoana, Colesile	M20 Hts Louis Botha		14.24m	-0.1	14.24m 77.86%

M45 Triple Jump

11.80m 45 SA SA Colours

10.40m 45 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 George, Darryl	M46 North West North MA		10.73m FS	1.9	12.09m 66.11%

M55 Triple Jump

10.80m 55 SA SA Colours

9.50m 55 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Erasmus, Pieter	M58 Vaal Triangle MA		9.82m FS	+0.0	12.56m 68.72%
2 Le Roux, Henk	M57 Fsma		6.77m	0.9	8.66m 47.38%

M60 Triple Jump

10.20m 60 SA SA Colours

9.00m 60 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Camhee, Kurt	M61 Central Gauteng MA		6.46m	1.2	8.86m 48.46%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M80 Triple Jump**

6.00m 80 SA SA Colours

5.30m 80 FS Free State Colours

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Penberthy, Pearce	M82 Gauteng North MA		5.52m FS	0.8	10.72m 58.66%

W15&U Shot Put 3kg

Name	Age Team	Seed	Finals	Age-Grading
1 Pretorius, Elaine	W14 P&H/S FP		10.06m	10.06m 44.45%

W16-17 Shot Put 3kg

Name	Age Team	Seed	Finals	Age-Grading
1 Van der Walt, Anzel	W17 High School Eunice		10.90m	10.90m 48.17%
2 Hanekom, Marilee	W17 NC Athletics		9.22m	9.22m 40.74%

W18-19 Shot Put 4kg

Name	Age Team	Seed	Finals	Age-Grading
1 Jordaan, Chandre	W18 AFS		6.85m	6.85m 30.27%

W45 Shot Put 4kg

9.90m 45 SA SA Colours

7.70m 45 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Jordaan, Antonette	W46 Gauteng North MA		10.90m SA	13.01m 57.52%
2 Pretorius, Mercia	W47 Fsma		7.46m	8.90m 39.37%

W50 Shot Put 3kg

10.50m 50 SA SA Colours

8.20m 50 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Smith, Elmarie	W50 Mpumalanga MA		9.47m FS	11.93m 52.76%
2 Horn, Alta	W51 Fsma		7.43m	9.36m 41.39%

W55 Shot Put 3kg

9.80m 55 SA SA Colours

7.60m 55 FS Free State Colours

Name	Age Team	Seed	Finals	Age-Grading
1 Hennop, Ansie	W56 Gauteng North MA		8.58m FS	11.75m 51.97%
2 Claassen, Zelda	W58 Central Gauteng MA		7.55m	10.34m 45.73%
3 Gouws, Makkie	W57 Gauteng North MA		6.69m	9.16m 40.52%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Shot Put 3kg**

8.10m 65 SA SA Colours

6.30m 65 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Van den Hever, Delina	W68	Fsma		5.62m	9.32m 41.23%

W85 Shot Put 2kg

5.00m 85 SA SA Colours

3.90m 85 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Kruger, Aletta	W85	Fsma		5.59m SA	13.35m 59.03%

M15&U Shot Put 4kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Ferreira, Ignatius	M15	AFS		12.50m	12.50m 54.07%
2 Van Dyk, Diesel	M13	AFS		12.43m	12.43m 53.76%

M16-17 Shot Put 5kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Jordaan, Andre	M16	AFS		10.79m	10.79m 46.67%

M20-29 Shot Put 7,26kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Clegg, Jarred	M20	Sol Plaatji Univ		11.80m	11.80m 51.04%

M35 Shot Put 7,26kg

14.00m 35 SA SA Colours

10.90m 35 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Moller, Arno	M37	Fsma		10.28m	10.66m 46.12%

M40 Shot Put 7,26kg

13.24m 40 SA SA Colours

10.40m 40 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Van Dyk, Theo	M44	Fsma		16.27m SA	18.11m 78.37%
2 Botha, Bennie	M40	Central Gauteng MA		8.67m	9.65m 41.76%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 Shot Put 7,26kg**

12.14m 45 SA SA Colours

9.50m 45 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Heyns, JD		M47 Swd MA		13.35m SA	16.05m 69.42%
2 Du Plessis, Gerhard		M46 Northern Cape MA		10.15m FS	12.20m 52.78%
3 Pretorius, Chris		M46 Fsma		10.13m FS	12.17m 52.68%

M50 Shot Put 6kg

13.32m 50 SA SA Colours

10.40m 50 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Scheepers, Conradie		M51 Fsma		15.61m SA	18.29m 79.12%
2 Dorfling, Theo		M54 Eastern Province MA		9.30m	10.90m 47.14%

M55 Shot Put 6kg

12.38m 55 SA SA Colours

9.70m 55 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Bezuidenhout, Vic		M56 Gauteng North MA		11.60m FS	14.73m 63.74%
2 Van der Westhuizen, Euge		M58 Boland MA		5.37m	6.82m 29.51%

M60 Shot Put 5kg

12.78m 60 SA SA Colours

10.00m 60 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Gouws, Johan		M60 Gauteng North MA		11.05m FS	13.79m 59.67%

M80 Shot Put 3kg

9.30m 80 SA SA Colours

7.25m 80 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Le Roux, Pieter		M81 Fsma		6.80m	10.23m 44.27%

W15&U Discus Throw 1kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Maree, Anzel		W14 Hentie Cilliers		35.05m	35.05m 45.64%
2 Jonck, Theanette		W14 Welkom Gimnasium		28.56m	28.56m 37.19%
3 Louw, Luane		W13 Welkom Gimnasium		25.96m	25.96m 33.80%

W16-17 Discus Throw 1kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Van der Walt, Anzel		W17 High School Eunice		36.60m	36.60m 47.66%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....W16-17 Discus Throw 1kg**

2 Deetlefs, Bianqha	W17 H/S Sentraal	27.22m	27.22m	35.44%
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W18-19 Discus Throw 1kg

Name	Age Team	Seed	Finals	Age-Grading
1 Smith, Mariaan	W18 Adamantia H/Sch		24.37m	24.37m 31.73%
2 Jordaan, Chandre	W18 AFS		15.54m	15.54m 20.23%

W45 Discus Throw 1kg

29.50m	45 SA SA Colours			
23.00m	45 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Jordaan, Antonette	W46 Gauteng North MA		33.96m SA	40.94m 53.32%

W50 Discus Throw 1kg

27.64m	50 SA SA Colours			
21.60m	50 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Smith, Elmarie	W50 Mpumalanga MA		24.77m FS	32.51m 42.34%
2 Horn, Alta	W51 Fsma		18.80m	24.68m 32.14%

W55 Discus Throw 1kg

25.50m	55 SA SA Colours			
19.90m	55 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Hennop, Ansie	W56 Gauteng North MA		21.72m FS	31.29m 40.74%
2 Claassen, Zelda	W58 Central Gauteng MA		18.76m	27.02m 35.19%
3 Pietersen, Aletta	W57 Eastern Province MA		18.01m	25.94m 33.78%
4 Gouws, Makkie	W57 Gauteng North MA		17.19m	24.76m 32.25%

W65 Discus Throw 1kg

21.00m	65 SA SA Colours			
16.40m	65 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Nkgi, Julia	W68 Fsma		14.92m	26.74m 34.83%
2 Van den Hever, Delina	W68 Fsma		10.55m	18.91m 24.63%

W70 Discus Throw 1kg

19.00m	70 SA SA Colours			
14.80m	70 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Sehume, Mankunyane	W71 Fsma		8.85m	18.17m 23.67%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M15&U Discus Throw 1,5kg**

Name	Age Team	Seed	Finals	Age-Grading
1 Roodt, AJ	M15 AFS		36.19m	36.19m 48.85%

M15&U Discus Throw 1kg

Name	Age Team	Seed	Finals	Age-Grading
1 Coetzee, Jeanre	M14 P&H/S FP		42.07m	42.07m 56.79%
2 Van Dyk, Diesel	M13 AFS		39.96m	39.96m 53.94%
3 Le Roux, Ruan	M14 H/S Diamantveld		36.73m	36.73m 49.58%
4 Pretorius, Tiaan	M13 P&H/S FP		25.32m	25.32m 34.18%

M16-17 Discus Throw 1,5kg

Name	Age Team	Seed	Finals	Age-Grading
1 Marais, Diaan	M16 H/S Sentraal		47.20m	47.20m 63.71%
2 Duvenage, Christiaan	M17 H/S Sentraal		37.10m	37.10m 50.08%
3 Jordaan, Andre	M16 AFS		24.83m	24.83m 33.52%

M20-29 Discus Throw 2kg

Name	Age Team	Seed	Finals	Age-Grading
1 Clegg, Jarred	M20 Sol Plaatji Univ		33.87m	33.87m 45.72%

M35 Discus Throw 2kg

41.00m	35 SA SA Colours			
32.00m	35 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Moller, Arno	M37 Fsma		32.57m FS	33.03m 44.59%

M40 Discus Throw 2kg

40.17m	40 SA SA Colours			
31.30m	40 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Van Dyk, Theo	M44 Fsma		45.42m SA	50.02m 67.53%
2 Botha, Bennie	M40 Central Gauteng MA		26.30m	28.96m 39.10%

M45 Discus Throw 2kg

38.08m	45 SA SA Colours			
30.00m	45 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Du Plessis, Gerhard	M46 Northern Cape MA		34.71m FS	41.82m 56.46%
2 Pretorius, Chris	M46 Fsma		31.07m FS	37.43m 50.54%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Discus Throw 1,5kg**

43.92m 50 SA SA Colours
34.50m 50 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Scheepers, Conradie	M51	Fsma		46.14m SA	47.14m 63.64%
2 Erasmus, Pieter	M54	Gauteng North MA		34.71m FS	35.46m 47.88%
3 Dorfling, Theo	M54	Eastern Province MA		27.83m	28.43m 38.39%

M55 Discus Throw 1,5kg

40.34m 55 SA SA Colours
31.50m 55 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Bezuidenhout, Vic	M56	Gauteng North MA		36.55m FS	40.58m 54.78%
2 Van der Westhuizen, Euge	M58	Boland MA		14.71m	16.33m 22.05%

M60 Discus Throw 1kg

44.26m 60 SA SA Colours
34.50m 60 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Kichenbrand, Stephen	M61	Gauteng North MA		39.80m FS	42.29m 57.10%

M65 Discus Throw 1kg

39.79m 65 SA SA Colours
31.00m 65 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Smit, Christiaan	M67	Fsma		30.50m	35.49m 47.91%
2 Xavier, Robert	M65	Eastern Province MA		20.14m	23.43m 31.64%

W15&U Hammer Throw 3kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Pretorius, Elaine	W14	P&H/S FP		56.38m	56.38m 73.22%
2 Maree, Anzel	W14	Hentie Cilliers		44.96m	44.96m 58.39%
3 Jonck, Theanette	W14	Welkom Gimnasium		39.33m	39.33m 51.08%
4 Jacobs, Amy	W14	P&H/S FP		38.13m	38.13m 49.52%
5 Van Aardt, Jolene	W14	P&H/S FP		36.87m	36.87m 47.88%
6 Van Rensburg, Danelle	W15	P&H/S FP		36.40m	36.40m 47.27%
7 Gerber, Liane	W13	High School JF		33.21m	33.21m 43.13%
8 O'Brien, Andrea	W15	Goudveld Multisport		29.02m	29.02m 37.69%

W16-17 Hammer Throw 3kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Els, Chamel	W16	Hentie Cilliers		48.04m	48.04m 62.39%
2 Van Vreden, Carina	W16	AFS		42.92m	42.92m 55.74%
3 Hanekom, Marilee	W17	NC Athletics		42.11m	42.11m 54.69%
4 Van der Walt, Anzel	W17	High School Eunice		37.51m	37.51m 48.71%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W18-19 Hammer Throw 4kg**

Name	Age Team	Seed	Finals	Age-Grading
1 Van der Walt, Tharina	W18 AFS		50.69m	50.69m 65.83%
2 Greyling, Marinda	W19 Univ van Pta		50.45m	50.45m 65.52%
3 Leonard, Tammy	W19 Nwu		50.12m	50.12m 65.09%
4 Botha, Mariza	W18 AFS		35.25m	35.25m 45.78%

W20-29 Hammer Throw 4kg

Name	Age Team	Seed	Finals	Age-Grading
1 Greyling, Stefanie	W22 Nwu		57.01m	57.01m 74.04%
2 Cumming, Marga	W20 Athletics Cnw		56.28m	56.28m 73.09%

W45 Hammer Throw 4kg

29.00m	45 SA SA Colours			
22.60m	45 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Jordaan, Antonette	W46 Gauteng North MA		32.36m SA	41.15m 53.44%

W50 Hammer Throw 3kg

32.68m	50 SA SA Colours			
25.50m	50 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Horn, Alta	W51 Fsma		16.22m	20.82m 27.04%

W55 Hammer Throw 3kg

29.90m	55 SA SA Colours			
23.30m	55 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Claassen, Zelda	W58 Central Gauteng MA		31.12m SA	43.51m 56.52%
2 Hennop, Ansie	W56 Gauteng North MA		27.00m FS	37.75m 49.04%

W75 Hammer Throw 2kg

21.00m	75 SA SA Colours			
16.40m	75 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Van der Merwe, Kitty	W76 Fsma		25.38m SA	48.01m 62.36%

M15&U Hammer Throw 4kg

Name	Age Team	Seed	Finals	Age-Grading
1 Julies, Nicholas	M15 P&H/S FP		53.20m	53.20m 61.33%
2 Richter, Barry	M15 P&H/S FP		52.55m	52.55m 60.58%
3 Coetzee, Jeanre	M14 P&H/S FP		43.90m	43.90m 50.61%
4 Le Roux, Ruan	M14 H/S Diamantveld		37.30m	37.30m 43.00%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0

Mangaung Athletics Stadium

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

...M15&U Hammer Throw 4kg

5 Pretorius, Tiaan M13 P&H/S FP 27.93m 27.93m 32.20%

M16-17 Hammer Throw 6kg

Name	Age Team	Seed	Finals	Age-Grading
1 Le Roux, Stiaan	M17 H/S Diamantveld		56.66m	56.66m 65.32%
2 Van der Walt, JT	M17 P&H/S FP		54.47m	54.47m 62.80%
3 Gerber, Hendrik	M16 High School JF		34.25m	34.25m 39.49%

M16-17 Hammer Throw 5kg

Name	Age Team	Seed	Finals	Age-Grading
1 Jordaan, Andre	M16 AFS		19.89m	19.89m 22.93%

M20-29 Hammer Throw 7,26kg

Name	Age Team	Seed	Finals	Age-Grading
1 Cumming, Alan	M22 Athletics Cnw		68.30m	68.30m 78.74%
2 Haasbroek, Carel	M20 Nwu		63.57m	63.57m 73.29%

M35 Hammer Throw 7,26kg

45.00m	35 SA SA Colours			
35.00m	35 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Moller, Arno	M37 Fsma		32.53m	33.50m 38.63%

M40 Hammer Throw 7,26kg

44.00m	40 SA SA Colours			
34.20m	40 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Botha, Bennie	M40 Central Gauteng MA		25.48m	28.67m 33.05%

M60 Hammer Throw 5kg

43.09m	60 SA SA Colours			
33.60m	60 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Kichenbrand, Stephen	M61 Gauteng North MA		41.96m FS	54.89m 63.29%

M65 Hammer Throw 5kg

38.00m	65 SA SA Colours			
29.60m	65 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Koen, Basie (G.)	M67 Nwu-Pukke		36.28m FS	53.17m 61.30%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W15&U Javelin Throw 500g**

Name	Age Team	Seed	Finals	Age-Grading
1 Smit, Miane	W13 Universitas P/S		37.60m	37.60m 51.51%
2 Dippenaar, Anneke	W13 AFS		30.50m	30.50m 41.78%
3 Pretorius, Elaine	W14 P&H/S FP		26.87m	26.87m 36.81%

W16-17 Javelin Throw 500g

Name	Age Team	Seed	Finals	Age-Grading
1 Van der Merwe, Arne	W16 AFS		36.40m	36.40m 49.86%

W35 Javelin Throw 600g

31.53m	35 SA SA Colours			
24.50m	35 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Henning, Zelna	W39 Fsma		32.20m SA	34.19m 46.85%

W45 Javelin Throw 600g

28.13m	45 SA SA Colours			
21.90m	45 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Jordaan, Antonette	W46 Gauteng North MA		22.05m FS	27.51m 37.69%

W50 Javelin Throw 500g

28.50m	50 SA SA Colours			
22.20m	50 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Horn, Alta	W51 Fsma		23.70m FS	31.15m 42.68%

W55 Javelin Throw 500g

25.00m	55 SA SA Colours			
19.50m	55 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Pietersen, Aletta	W57 Eastern Province MA		25.90m SA	37.50m 51.38%
2 Gouws, Makkie	W57 Gauteng North MA		18.92m	27.39m 37.53%
3 Hennop, Ansie	W56 Gauteng North MA		17.19m	24.89m 34.10%
4 Claassen, Zelda	W58 Central Gauteng MA		13.96m	20.21m 27.69%

W65 Javelin Throw 500g

20.00m	65 SA SA Colours			
15.60m	65 FS Free State Colours			
Name	Age Team	Seed	Finals	Age-Grading
1 Van den Hever, Delina	W68 Fsma		11.75m	21.35m 29.25%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W75 Javelin Throw 400g**

11.10m 75 SA SA Colours

8.70m 75 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Van der Merwe, Kitty	W76	Fsma		14.05m SA	32.02m 43.87%

M15&U Javelin Throw 600g

Name	Age	Team	Seed	Finals	Age-Grading
1 Roodt, AJ	M15	AFS		47.35m	47.35m 48.08%
2 Ferreira, Ignatius	M15	AFS		39.53m	39.53m 40.14%

M16-17 Javelin Throw 700g

Name	Age	Team	Seed	Finals	Age-Grading
1 Duvenage, Christiaan	M17	H/S Sentraal		54.22m	54.22m 55.06%
2 Van den Heever, Karel Ju	M17	AFS		42.84m	42.84m 43.50%
3 Maholela, Refiloe	M16	AFS		32.15m	32.15m 32.65%

M18-19 Javelin Throw 800g

Name	Age	Team	Seed	Finals	Age-Grading
1 Schlebusch, Jannes	M18	Ufs		69.35m	69.35m 70.42%

M35 Javelin Throw 800g

54.00m 35 SA SA Colours

42.00m 35 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Moller, Arno	M37	Fsma		30.60m	30.98m 31.47%

M40 Javelin Throw 800g

52.45m 40 SA SA Colours

40.90m 40 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Botha, Bennie	M40	Central Gauteng MA		25.48m	27.67m 28.11%

M45 Javelin Throw 800g

49.49m 45 SA SA Colours

38.60m 45 FS Free State Colours

Name	Age	Team	Seed	Finals	Age-Grading
1 Pretorius, Chris	M46	Fsma		40.01m FS	46.87m 47.60%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Javelin Throw 700g**

Name	Age	Team	Seed	Finals	Age-Grading
	46.84m	50 SA SA Colours			
	36.50m	50 FS Free State Colours			
1 Dorfling, Theo	M54	Eastern Province MA		32.75m	40.21m 40.83%

M55 Javelin Throw 700g

Name	Age	Team	Seed	Finals	Age-Grading
	42.64m	55 SA SA Colours			
	33.30m	55 FS Free State Colours			
1 Bezuidenhout, Vic	M56	Gauteng North MA		41.03m FS	54.89m 55.75%

M60 Javelin Throw 600g

Name	Age	Team	Seed	Finals	Age-Grading
	41.30m	60 SA SA Colours			
	32.20m	60 FS Free State Colours			
1 Kichenbrand, Stephen	M61	Gauteng North MA		50.65m SA	71.61m 72.72%
2 Camhee, Kurt	M61	Central Gauteng MA		26.70m	37.75m 38.33%

M65 Javelin Throw 600g

Name	Age	Team	Seed	Finals	Age-Grading
	37.00m	65 SA SA Colours			
	28.90m	65 FS Free State Colours			
1 Xavier, Robert	M65	Eastern Province MA		18.70m	29.20m 29.66%

W18-19 Weight Throw 9,08kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Leonard, Tammy	W19	Nwu		14.88m	14.88m 63.05%
2 Greyling, Marinda	W19	Univ van Pta		13.92m	13.92m 58.98%

W20-29 Weight Throw 9,08kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Greyling, Stefanie	W22	Nwu		16.14m	16.14m 68.39%

W45 Weight Throw 9,08kg

Name	Age	Team	Seed	Finals	Age-Grading
	11.00m	45 SA SA Colours			
	9.10m	45 FS Free State Colours			
1 Jordaan, Antonette	W46	Gauteng North MA		11.37m SA	14.72m 62.40%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W50 Weight Throw 7,26kg**

Name	Age	Team	Seed	Finals	Age-Grading
	11.00m	50 SA SA Colours			
	9.10m	50 FS Free State Colours			
1 Horn, Alta		W51 Fsma		7.57m	8.94m 37.93%

W55 Weight Throw 7,26kg

Name	Age	Team	Seed	Finals	Age-Grading
	10.50m	55 SA SA Colours			
	8.70m	55 FS Free State Colours			
1 Hennop, Ansie		W56 Gauteng North MA		9.06m FS	11.70m 49.59%
2 Claassen, Zelda		W58 Central Gauteng MA		8.21m	10.60m 44.94%
3 Pietersen, Aletta		W57 Eastern Province MA		7.06m	9.12m 38.64%

W85 Weight Throw 4kg

Name	Age	Team	Seed	Finals	Age-Grading
	6.50m	85 SA SA Colours			
	5.40m	85 FS Free State Colours			
1 Kruger, Aletta		W85 Fsma		6.06m FS	10.48m 44.43%

M16-17 Weight Throw 11,34kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Le Roux, Stiaan		M17 H/S Diamantveld		21.56m	21.56m 83.37%

M20-29 Weight Throw 15,88kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Haasbroek, Carel		M20 Nwu		18.92m	18.92m 73.16%

M35 Weight Throw 15,88kg

Name	Age	Team	Seed	Finals	Age-Grading
	13.50m	35 SA SA Colours			
	11.10m	35 FS Free State Colours			
1 Moller, Arno		M37 Fsma		10.04m	10.24m 39.61%

M40 Weight Throw 15,88kg

Name	Age	Team	Seed	Finals	Age-Grading
	13.00m	40 SA SA Colours			
	10.80m	40 FS Free State Colours			
1 Botha, Bennie		M40 Central Gauteng MA		9.44m	10.28m 39.78%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 Weight Throw 15,88kg**

Name	Age	Team	Seed	Finals	Age-Grading
	12.50m	45 SA SA Colours			
	10.40m	45 FS Free State Colours			
1 Smith, Gys		M46 SA Police Services		12.33m FS	14.42m 55.77%

M55 Weight Throw 11,34kg

Name	Age	Team	Seed	Finals	Age-Grading
	15.00m	55 SA SA Colours			
	12.40m	55 FS Free State Colours			
1 Bezuidenhout, Vic		M56 Gauteng North MA		13.49m FS	15.14m 58.55%

M60 Weight Throw 9,08kg

Name	Age	Team	Seed	Finals	Age-Grading
	16.50m	60 SA SA Colours			
	13.70m	60 FS Free State Colours			
1 Kichenbrand, Stephen		M61 Gauteng North MA		16.75m SA	17.46m 67.51%

M65 Weight Throw 9,08kg

Name	Age	Team	Seed	Finals	Age-Grading
	15.50m	65 SA SA Colours			
	12.80m	65 FS Free State Colours			
1 Koen, Basie (G.)		M67 Nwu-Pukke		16.53m SA	18.43m 71.28%

M80 Weight Throw 5,45kg

Name	Age	Team	Seed	Finals	Age-Grading
	11.00m	80 SA SA Colours			
	9.00m	80 FS Free State Colours			
1 Le Roux, Pieter		M81 Fsma		6.99m	9.11m 35.25%

W45 Greek Discus 3,75kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Jordaan, Antonette		W46 Gauteng North MA		14.36m	

W50 Greek Discus 2,5kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Horn, Alta		W51 Fsma		13.66m	

W55 Greek Discus 2,5kg

Name	Age	Team	Seed	Finals	Age-Grading
1 Hennop, Ansie		W56 Gauteng North MA		14.03m	

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0

Mangaung Athletics Stadium

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

....W55 Greek Discus 2,5kg

2 Pietersen, Aletta	W57 Eastern Province MA	12.35m
3 Claassen, Zelda	W58 Central Gauteng MA	12.30m

M16-17 Greek Discus 3,75kg

Name	Age Team	Seed	Finals	Age-Grading
1 Le Roux, Stiaan	M17 H/S Diamantveld		25.52m	

M20-29 Greek Discus 5kg

Name	Age Team	Seed	Finals	Age-Grading
1 Clegg, Jarred	M20 Sol Plaatji Univ		19.21m	

M35 Greek Discus 5kg

Name	Age Team	Seed	Finals	Age-Grading
1 Moller, Arno	M37 Fsma		20.27m	

M40 Greek Discus 5kg

Name	Age Team	Seed	Finals	Age-Grading
1 Botha, Bennie	M40 Central Gauteng MA		16.04m	

M55 Greek Discus 3,75kg

Name	Age Team	Seed	Finals	Age-Grading
1 Bezuidenhout, Vic	M56 Gauteng North MA		21.75m	
2 Van der Westhuizen, Euge	M58 Boland MA		9.69m	

M60 Greek Discus 3,75kg

Name	Age Team	Seed	Finals	Age-Grading
1 Kichenbrand, Stephen	M61 Gauteng North MA		20.30m	

W16-17 200 Meter Dash Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Huijink, Annemieke	W16 AFS	28.95	+0.0	28.96 73.71%	557

W16-17 800 Meter Run Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Huijink, Annemieke	W16 AFS	4:00.12	4:00.13 47.18%	15

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W16-17 100 Short Hurdles Heptathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Huijink, Annemieke	W16 AFS	17.90	2.0	17.91 68.21%	498

W16-17 High Jump Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Huijink, Annemieke	W16 AFS	1.55m	1.55m 74.16%	678

W16-17 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Huijink, Annemieke	W16 AFS	4.81m	0.4	4.81m 63.96%	508

W16-17 Shot Put 3kg Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Huijink, Annemieke	W16 AFS	11.59m	11.59m 51.22%	634

W20-29 Shot Put 4,00kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Serfontein, Juanè	W20 AFS	7.63m	7.63m 33.72%	375

W45 Shot Put 4kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Jordaan, Antonette	W46 Gauteng North MA	11.53m	13.77m 60.84%	779

W50 Shot Put 3kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Elmarie	W50 Mpumalanga MA	9.67m	12.19m 53.87%	674
2 Horn, Alta	W51 Fsma	7.45m	9.39m 41.50%	490

W55 Shot Put 3kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hennop, Ansie	W56 Gauteng North MA	8.29m	11.36m 50.21%	619
2 Claassen, Zelda	W58 Central Gauteng MA	6.75m	9.25m 40.88%	480

M15&U Shot Put 4,00kg Tetrathlon

Name	Age Team	Finals	Age-Grading	Points
1 Le Roux, Ruan	M14 H/S Diamantveld	9.20m	9.20m 39.79%	438

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M16-17 Shot Put 6,00kg Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Le Roux, Stiaan	M17 H/S Diamantveld	11.93m	11.93m 51.60%	602

M20-29 Shot Put 7,26kg Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Coetzee, Grove	M20 AFS	13.08m	13.08m 56.57%	672

M20-29 Shot Put 7,26kg Triathlon

Name	Age Team	Finals	Age-Grading	Points
1 Clegg, Jarred	M20 Sol Plaatji Univ	11.74m	11.74m 50.78%	591

M30 Shot Put 7,26kg Tetrathlon

Name	Age Team	Finals	Age-Grading	Points
1 Van Eeden, Roan	M34 Gauteng North MA	8.12m	8.12m 35.12%	373

M35 Shot Put 7,26kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Moller, Arno	M37 Fsma	9.68m	10.04m 43.43%	488

M40 Shot Put 7,26kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Botha, Bennie	M40 Central Gauteng MA	8.56m	9.53m 41.23%	457

M55 Shot Put 6kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M57 Gauteng North MA	15.10m	19.18m 82.97%	1048
2 Bezuidenhout, Vic	M56 Gauteng North MA	11.49m	14.59m 63.13%	765

M60 Shot Put 5kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M61 Gauteng North MA	11.71m	14.61m 63.23%	766

M70 Shot Put 4kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Sterley, Dereck	M71 Gauteng North MA	13.08m	16.75m 72.47%	898

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W20-29 Discus Throw 1,00kg Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Serfontein, Juanè	W20 AFS	15.97m	15.97m 20.79%	206

W45 Discus Throw 1kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Jordaan, Antonette	W46 Gauteng North MA	34.33m	41.39m 53.90%	681

W50 Discus Throw 1kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Elmarie	W50 Mpumalanga MA	24.43m	32.07m 41.76%	502
2 Horn, Alta	W51 Fsma	18.07m	23.72m 30.89%	345

W55 Discus Throw 1kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hennop, Ansie	W56 Gauteng North MA	20.18m	29.07m 37.85%	445
2 Claassen, Zelda	W58 Central Gauteng MA	16.53m	23.81m 31.01%	347

M15&U Discus Throw 1,00kg Tetrathlon

Name	Age Team	Finals	Age-Grading	Points
1 Le Roux, Ruan	M14 H/S Diamantveld	36.88m	36.88m 49.78%	601

M16-17 Discus Throw 1,75kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Le Roux, Stiaan	M17 H/S Diamantveld	43.12m	43.12m 58.21%	728

M20-29 Discus Throw 2,00kg Triathlon

Name	Age Team	Finals	Age-Grading	Points
1 Clegg, Jarred	M20 Sol Plaatji Univ	33.68m	33.68m 45.46%	537

M20-29 Discus Throw 2,00kg Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Coetzee, Grove	M20 AFS	37.56m	37.56m 50.70%	615

M30 Discus Throw 2,00kg Tetrathlon

Name	Age Team	Finals	Age-Grading	Points
1 Van Eeden, Roan	M34 Gauteng North MA	24.49m	24.49m 33.06%	357

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M35 Discus Throw 2kg Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Moller, Arno	M37 Fsma	32.16m	32.61m 44.03%	516

M40 Discus Throw 2kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Botha, Bennie	M40 Central Gauteng MA	27.21m	29.96m 40.45%	464

M55 Discus Throw 1,5kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M57 Gauteng North MA	51.36m	57.02m 76.98%	1018
2 Bezuidenhout, Vic	M56 Gauteng North MA	35.03m	38.89m 52.50%	642

M60 Discus Throw 1kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M61 Gauteng North MA	37.61m	39.97m 53.96%	664

M70 Discus Throw 1kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Sterley, Dereck	M71 Gauteng North MA	36.44m	46.57m 62.87%	799

W20-29 Hammer Throw 4,00kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Serfontein, Juanè	W20 AFS	38.27m	38.27m 49.70%	673

W45 Hammer Throw 4kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Jordaan, Antonette	W46 Gauteng North MA	32.74m	41.63m 54.07%	747

W50 Hammer Throw 3kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Horn, Alta	W51 Fsma	17.67m	22.68m 29.46%	336
2 Smith, Elmarie	W50 Mpumalanga MA	15.11m	19.39m 25.19%	267

W55 Hammer Throw 3kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hennop, Ansie	W56 Gauteng North MA	27.05m	37.82m 49.13%	663
2 Claassen, Zelda	W58 Central Gauteng MA	26.02m	36.38m 47.26%	632

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M15&U Hammer Throw 4,00kg Tetrathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Le Roux, Ruan	M14 H/S Diamantveld	37.12m	37.12m 42.79%	465

M16-17 Hammer Throw 6,00kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Le Roux, Stiaan	M17 H/S Diamantveld	60.42m	60.42m 69.66%	850

M30 Hammer Throw 7,26kg Tetrathlon

Name	Age Team	Finals	Age-Grading	Points
1 Van Eeden, Roan	M34 Gauteng North MA	17.30m	17.30m 19.94%	150

M35 Hammer Throw 7,26kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Moller, Arno	M37 Fsma	32.58m	33.55m 38.69%	408

M40 Hammer Throw 7,26kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Botha, Bennie	M40 Central Gauteng MA	28.49m	32.05m 36.96%	383

M55 Hammer Throw 6kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M57 Gauteng North MA	50.32m	66.14m 76.25%	946
2 Bezuidenhout, Vic	M56 Gauteng North MA	33.39m	43.89m 50.60%	576

M60 Hammer Throw 5kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M61 Gauteng North MA	38.72m	50.65m 58.40%	687

M70 Hammer Throw 4kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Sterley, Dereck	M71 Gauteng North MA	34.63m	50.29m 57.99%	681

W16-17 Javelin Throw 500g Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Huijink, Annemieke	W16 AFS	36.40m	36.40m 49.86%	598

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W20-29 Javelin Throw 600g Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Serfontein, Juanè	W20 AFS	10.52m	10.52m 14.41%	115

W45 Javelin Throw 600g Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Jordaan, Antonette	W46 Gauteng North MA	21.07m	26.29m 36.02%	407

W50 Javelin Throw 500g Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Horn, Alta	W51 Fsma	19.58m	25.74m 35.26%	396
2 Smith, Elmarie	W50 Mpumalanga MA	17.56m	23.08m 31.62%	346

W55 Javelin Throw 500g Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hennop, Ansie	W56 Gauteng North MA	15.50m	22.44m 30.75%	334
2 Claassen, Zelda	W58 Central Gauteng MA	13.35m	19.33m 26.48%	276

M15&U Javelin Throw 600g Tetrathlon

Name	Age Team	Finals	Age-Grading	Points
1 Le Roux, Ruan	M14 H/S Diamantveld	27.15m	27.15m 27.57%	259

M16-17 Javelin Throw 800g Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Le Roux, Stiaan	M17 H/S Diamantveld	40.02m	40.02m 40.64%	442

M20-29 Javelin Throw 800g Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Coetzee, Grove	M20 AFS	57.79m	57.79m 58.68%	705

M20-29 Javelin Throw 800g Triathlon

Name	Age Team	Finals	Age-Grading	Points
1 Clegg, Jarred	M20 Sol Plaatji Univ	28.89m	28.89m 29.34%	284

M30 Javelin Throw 800g Tetrathlon

Name	Age Team	Finals	Age-Grading	Points
1 Van Eeden, Roan	M34 Gauteng North MA	26.82m	26.82m 27.23%	255

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M35 Javelin Throw 800g Throws Pentathlon**

Name	Age	Team	Finals	Age-Grading	Points
1 Moller, Arno	M37	Fsma	31.83m	32.23m 32.73%	331

M40 Javelin Throw 800g Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Botha, Bennie	M40	Central Gauteng MA	26.60m	28.89m 29.34%	284

M55 Javelin Throw 700g Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Bezuidenhout, Vic	M56	Gauteng North MA	43.48m	58.17m 59.08%	710
2 Haupt, Burton	M57	Gauteng North MA	43.24m	57.85m 58.75%	706

M60 Javelin Throw 600g Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M61	Gauteng North MA	46.70m	66.03m 67.05%	829

M70 Javelin Throw 500g Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Sterley, Dereck	M71	Gauteng North MA	38.44m	64.58m 65.57%	807

W20-29 Weight Throw 9,08kg Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Serfontein, Juanè	W20	AFS	12.03m	12.03m 50.97%	617

W45 Weight Throw 9,08kg Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Jordaan, Antonette	W46	Gauteng North MA	11.72m	15.18m 64.32%	812

W50 Weight Throw 7,26kg Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Smith, Elmarie	W50	Mpumalanga MA	8.16m	9.64m 40.88%	471
2 Horn, Alta	W51	Fsma	7.63m	9.02m 38.23%	433

W55 Weight Throw 7,26kg Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Claassen, Zelda	W58	Central Gauteng MA	8.82m	11.39m 48.28%	578
2 Hennop, Ansie	W56	Gauteng North MA	8.15m	10.52m 44.61%	524

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M16-17 Weight Throw 11,34kg Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
-- Le Roux, Stiaan	M17 H/S Diamantveld	FOUL		

M35 Weight Throw 15,88kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Moller, Arno	M37 Fsma	9.19m	9.37m 36.25%	417

M40 Weight Throw 15,88kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Botha, Bennie	M40 Central Gauteng MA	9.54m	10.39m 40.20%	474

M55 Weight Throw 11,34kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M57 Gauteng North MA	17.70m	19.86m 76.82%	1015
2 Bezuidenhout, Vic	M56 Gauteng North MA	13.52m	15.17m 58.68%	745

M60 Weight Throw 9,08kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M61 Gauteng North MA	16.79m	17.50m 67.67%	879

M70 Weight Throw 7,26kg Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Sterley, Dereck	M71 Gauteng North MA	16.04m	18.29m 70.75%	924

W16-17 Heptathlon

Name	Age Team	Seed	Finals
1 Huijink, Annemieke	W16 AFS		3488

M20-29 Triathlon

Name	Age Team	Seed	Finals
1 Clegg, Jarred	M20 Sol Plaatji Univ		1412

W20-29 Throws Pentathlon

Name	Age Team	Seed	Finals
1 Serfontein, Juanè	W20 AFS		1986

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0**Mangaung Athletics Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 Throws Pentathlon**

Name	Age	Team	Seed	Finals
	3700	45 SA SA Colours		
	2880	45 FS Free State Colours		
1 Jordaen, Antonette		W46 Gauteng North MA		3426.00 FS

W50 Throws Pentathlon

Name	Age	Team	Seed	Finals
	3700	50 SA SA Colours		
	2880	50 FS Free State Colours		
1 Smith, Elmarie		W50 Mpumalanga MA		2260.00
2 Horn, Alta		W51 Fsma		2000.00

W55 Throws Pentathlon

Name	Age	Team	Seed	Finals
	3700	55 SA SA Colours		
	2880	55 FS Free State Colours		
1 Hennop, Ansie		W56 Gauteng North MA		2585.00
2 Claassen, Zelda		W58 Central Gauteng MA		2313.00

M16-17 Throws Pentathlon

Name	Age	Team	Seed	Finals
1 Le Roux, Stiaan		M17 H/S Diamantveld		2622

M35 Throws Pentathlon

Name	Age	Team	Seed	Finals
	2800	35 SA SA Colours		
	2180	35 FS Free State Colours		
1 Moller, Arno		M37 Fsma		2160.00

M40 Throws Pentathlon

Name	Age	Team	Seed	Finals
	2883	40 SA SA Colours		
	2250	40 FS Free State Colours		
1 Botha, Bennie		M40 Central Gauteng MA		2062.00

M55 Throws Pentathlon

Name	Age	Team	Seed	Finals
	3600	55 SA SA Colours		
	2810	55 FS Free State Colours		
1 Haupt, Burton		M57 Gauteng North MA		4733.00 SA
2 Bezuidenhout, Vic		M56 Gauteng North MA		3438.00 FS

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0

Mangaung Athletics Stadium

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M60 Throws Pentathlon

Name	Age	Team	Seed	Finals
	3800	60 SA SA Colours		
	2965	60 FS Free State Colours		
1 Kichenbrand, Stephen	M61	Gauteng North MA		3825.00 SA

M70 Throws Pentathlon

Name	Age	Team	Seed	Finals
	3800	70 SA SA Colours		
	2965	70 FS Free State Colours		
1 Sterley, Dereck	M71	Gauteng North MA		4109.00 SA

M15&U Tetrathlon

Name	Age	Team	Seed	Finals
1 Le Roux, Ruan	M14	H/S Diamantveld		1763

M30 Tetrathlon

Name	Age	Team	Seed	Finals
1 Van Eeden, Roan	M34	Gauteng North MA		1135

W65 1500 Meter Race Walk

Name	Age	Team	Seed	Finals	Age-Grading
1 Shuping, Cholohelo	W66	Fsma		13:01.24	10:00.15 56.15%

M80 1500 Meter Race Walk

Name	Age	Team	Seed	Finals	Age-Grading
1 Mabilo, Piet	M81	Fsma		13:00.87	8:06.80 63.48%

M90 1500 Meter Race Walk

Name	Age	Team	Seed	Finals	Age-Grading
1 Le Roux, Hannes	M90	Fsma		16:16.25	8:33.22 60.21%

W65 5000 Meter Race Walk

Name	Age	Team	Seed	Finals	Age-Grading
	35:10.00	65 SA SA Colours			
	41:09.00	65 FS Free State Colours			
1 Smook, Manda	W68	Central Gauteng MA		35:35.98 FS	26:47.97 73.82%

46th FS Masters Athletics Throws Multi-events, Talent ID, T&F Championship - 0

Mangaung Athletics Stadium

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M65 5000 Meter Race Walk

30:50.00 65 SA SA Colours		36:04.00 65 FS Free State Colours				
Name	Age	Team	Seed	Finals	Age-Grading	
1 Turner, Anthony	M68	Central Gauteng MA		34:27.32 FS	26:11.17	68.59%
2 Smook, Hendry	M68	Central Gauteng MA		35:34.33 FS	27:02.10	66.43%